

RACE ANALYSIS



Mixed 4x400 Metres Relay - Final

TEAM JAM DQ RULE AMENDED

21 March 2026 12:00 START TIME

PLACE	BIB	TEAM								RESULT				
1	200m	2	400m	3	600m	4	800m	5	1000m	6	1200m	7	1400m	
1	BEL	BELGIUM								3:15.60	SB			
1	21.39	2	24.77	3	24.41	4	27.77	5	21.97	6	24.14	7	24.23	26.92
	21.39 (1)		46.16 (1)		1:10.57 (1)		1:38.34 (1)		2:00.31 (1)		2:24.45 (1)		2:48.68 (1)	
2	ESP	SPAIN								3:16.96	SB			
1	22.18	2	25.58	3	24.52	4	27.53	5	22.35	6	23.74	7	24.92	26.14
	22.18 (6)		47.76 (6)		1:12.28 (4)		1:39.81 (2)		2:02.16 (3)		2:25.90 (3)		2:50.82 (3)	
3	POL	POLAND								3:17.44	SB			
1	21.75	2	25.47	3	24.78	4	27.82	5	22.83	6	23.85	7	24.58	26.36
	21.75 (4)		47.22 (4)		1:12.00 (3)		1:39.82 (3)		2:02.65 (4)		2:26.50 (4)		2:51.08 (4)	
4	NED	NETHERLANDS								3:20.14	SB			
1	21.61	2	26.02	3	27.29	4	27.74	5	21.65	6	24.22	7	24.17	27.44
	21.61 (3)		47.63 (5)		1:14.92 (6)		1:42.66 (5)		2:04.31 (5)		2:28.53 (5)		2:52.70 (5)	
5	USA	UNITED STATES								3:21.35	SB			
1	21.46	2	25.67	3	26.13	4	30.02	5	21.79	6	24.34	7	24.05	27.89
	21.46 (2)		47.13 (2)		1:13.26 (5)		1:43.28 (6)		2:05.07 (6)		2:29.41 (6)		2:53.46 (6)	
	JAM	JAMAICA								DQ	TR48.5			
1	21.98	2	25.20	3	24.63	4	28.01	5	22.33	6	23.69	7	24.66	
	21.98 (5)		47.18 (3)		1:11.81 (2)		1:39.82 (3)		2:02.15 (2)		2:25.84 (2)		2:50.50 (2)	
NOTE	WA Rule TR48.5 - Exchanging positions before takeover: JAM (Jamaica)													

